



## Omki Spring 2011 Publications

### Ocean of Streams Zen Meridian System Shiatsu chart\_01 by Veet Allan

Published here for the first time in full colour is the complete digital mapping of Veet Allan's contemporary 2004 Zen meridian chart for Shiatsu.

This chart illustrates Veet's amplification and development of the Japanese styled Zen Shiatsu meridian system, originally conceived by the late Shiatsu master Shizuto Masunaga. It is recommended for use with the greatly expanded second edition of his best-selling book 'Ocean of Streams' (ISBN: 978-0-9523976-2-5) published by Omki in 2006 later revised in 2007.

The twelve main meridians and their diagnostic zones are depicted here in colours with respect to both their yin-yang pairings and five phase (*wuxing*) correspondences respectively. Their names are annotated throughout in Western notation, pinyin and traditional Chinese characters. Each meridian is shown in it's entirety flowing through the torso, head, limbs, hand and feet.

Illustrated here are all the classical Acupuncture holes/points including many extra ones. Those highlighted, are taken from the year 2000 syllabus of the UK Shiatsu Society regarding function and location. Annotations of these in English and Chinese (traditional) appear in complimentary chart 'The Flourishing Circle • Acupuncture-Moxa Meridian System' ISBN: 978-0-9523976-5-6.

This intriguing study is placed within a human body-scape and highly detailed anatomical illustration of the skeletal and muscular systems. Augmented by Chinese cun location rulers for accuracy.

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